

PHED 2356
CARE & PREVENTION OF ATHLETIC INJURIES
PHYSICAL EDUCATION
DIVISION OF ARTS & SCIENCES
SOUTH PLAINS COLLEGE
LEVELLAND CAMPUS
FALL 2018
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CARE & PREVENTION OF ATHLETIC INJURIES

Care and Prevention of Athletic Injuries (3:3:0): This course will have an emphasis on care and prevention of common athletic injuries and the treatment of athletic injuries. An introduction to athletic training is included.

- I. Purpose: To meet physical education requirements for an Associate in Science degree as well as one requirement for transfer students working toward a Bachelor's degree.
- II. Course Objectives: By the end of this course, the student should be able to recognize and care for common sports injuries, use good judgment in prevention of athletic injuries, handle emergency situations within their capabilities and demonstrate basic taping techniques.
- III. General Course Information:
 - A. Text: Essentials of Athletic Injury Management, Tenth Edition
 - B. Reference: NATA Educational Competencies 5th Edition
 - C. Attendance Policy: Regular class attendance is required of all students. A student is allowed three (3) absences. After the fourth absence your grade will be dropped one letter grade per absence. An illness, with a Doctor's excuse provided, the day of the absence, will be counted as excused. After three absences a student will be required to do various tasks delegated by the instructor.
 - D. Evaluating Policy: Care and Prevention of Athletic Injuries (PEHD 2356) is a three credit hour college level course. Evaluation is based class work, quizzes, participation, individual project and written and practical examinations.
 - E. Grading Policy: The following scale will be used for grading:

1000-900	A
899-800	B
799-700	C
699-600	D

599 or below F

300 Points	Class Participation awarded at 10 points per day for attending class daily and participating in daily activities.
300 Points	Taping and Rehab Practical exams at 100 points each. See Class Schedule.
400 Points	Written exams at 100 points each including 3 in class tests and 1 comprehensive final exam.
**Extra Credit	There are two events that SPC will be hosting. If you come and work these events you can get 25 points per event for a total of 50 extra credit points. 9/16/17 Cotton Country Trialathlon (25 points)

Final Exam: 8:00 – 10:00 AM, Thursday December 14, 2017

- F. Assignment Policy: Assignments will include basic physical fitness exercises and treatment and rehab routines in order to fully understand some of the material related to the topic. Students are expected to participate fully in these assignments. All supplies will be provided.

Students with disabilities, including but not limited to physical, psychiatric or learning disabilities, who wish to request accommodations in this class should notify the Special Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Special Services Coordinator. For more information, call or visit the Special Services Office in the Student Services Building, 894-9611 Ext 2529.

4.1.1.1 **Diversity Statement**: In this class, the teacher will establish and support an environment that values and nurtures individual and group differences and encourages engagement and interaction. Understanding and respecting multiple experiences and perspectives will serve to challenge and stimulate all of us to learn about others, about the larger world and about ourselves. By promoting diversity and intellectual exchange, we will not only mirror society as it is, but also model society as it should and can be.

ADA Statement

Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office through the Guidance and Counseling Centers at Reese Center (Building 8) [716-4606](tel:716-4606), or Levelland (Student Services Building) [716-2577](tel:716-2577).

Campus Concealed Carry statement:

Campus Concealed Carry - Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in South Plains College buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and South Plains College policy, license holders may not carry a concealed handgun in restricted locations. For a list of locations, please refer to the SPC policy at: (http://www.southplainscollege.edu/human_resources/policy_procedure/hhc.php)

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all South Plains College campuses. Report violations to the College Police Department at 806-716-2396 or 9-1-1.

I will strictly enforce standard, accepted norms of scholastic honesty as defined by South Plains College policy.

I have read and understand the attached syllabus for Care and Prevention of Athletic Injuries (PEHD 2356).

PRINTED NAME

SIGNATURE

DATE

Fall 2016 PHED 2356
Care and Prevention of Athletic Injuries

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