South Plains College Department of Physical Education KINE 1119 Bowling

Instructor: Ryan Heth **Office Phone**: 806.716.2234

Office: Physical Education Building #110 **Cell Phone**:

Office Hours: Will Discuss Email: rheth@southplainscollege.edu

<u>Purpose</u>: This course is designed for the beginning bowling student interested in developing the basic fundamentals of bowling. Discussions will cover scoring, rules, bowling terminology, etiquette, and ball selection. Skill instruction will cover stance, approach, release, strikes and spares.

Outcomes:

- Each student will recall the rules, scoring, basic terminology, history, and etiquette needed for understanding the sport of bowling. This objective will be measured by quiz 1 and final exam.
- Each student will demonstrate the ability to manually score a bowling game. This objective will be measured by quiz 2 and final exam.
- Each student will execute proper bowling technique, particularly a four step delivery, strikes and spares. This objective will be measured by observation of the instructor.
- Each student will develop an understanding of the importance of lifelong physical activity and how bowling can be part of this. This objective will be measured by quiz 2 and final exam.

Course Requirements:

- Text: None
- Comfortable/ non-restrictive clothing and appropriate footwear. Students must wear bowling shoes!
- Positive attitude
- Willingness to follow instruction
- Participation in all class activities
- Required to bowl 10 games outside of class at Whitewood Bowling Lanes

I. Grading Policy

Final grades will be determined as follows:

2 Tests @ 75 points each:
1 Final @ 100 points each
Attendance @ 50 points
50 points
50 points

endance @ 50 points 50 points

o 10 points deducted for each absence. ON your 6th absence you may be dropped from the class.

Total: 300 points

Final Grade	Point Percentage	Point Total
A	90-100%	270-300
В	80-89%	<mark>240-269</mark>
C	70-79%	<mark>210-239</mark>
D	60-69%	180-209
F	Below 60%	Below 180

A. Attendance/ participation

(These are subjective evaluations of the instructor.)

- Attendance Records (by instructor)
- Appropriate intensity
- Following instruction
- Proper dress

B. Tests

- 1st test given will cover the syllabus, lectures, and various articles.
- 2nd test will include the completion of 10 required games that you are responsible to pay for on your own. These games must be bowled outside of class times at Whitewood Bowling Lanes.

D. Final Exam

- The final exam will be comprehensive.
- If you are late to class, depending on the amount of time you are late, I will determine if it will be recorded as a tardy or absence. Each tardy will count as ½ an absence. Same rule applies when a student LEAVES CLASS EARLY.
- Drops will be made by the instructor for excessive absences, discipline, and disregard for the class guidelines. It will be the student's responsibility to drop themselves after the administrative drop day.

TWO WEEKS OF CONSECUTIVE ABSENCES = DROPPED FROM THE

CLASS. This is a college policy. If you stop coming to class, it is best that you withdraw yourself. Refer to SPC catalog pg.21

II. Additional Information:

- A. We do not provide towels.
- B. No cell phones! No texting during class! No I Pads or personal computers.
- C. Bowling alley rules must be obeyed as far as drinks are concerned.
- D. Do not eat a heavy meal prior to class.
- E. Use the restroom prior to class.
- F. Hats are allowed.

<u>Diversity Statement:</u> In this class, the teacher will establish and support an environment that values and nurtures individual and group differences and encourages engagement and interaction. Understanding and respecting multiple experiences and perspectives will serve to challenge and stimulate all of us to learn about others, about the larger world and about ourselves. By promoting diversity and intellectual exchange, we will not only mirror society as it is, but also model society as it should and can be.

<u>Disabilities Statement:</u> Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Special Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Special Services Coordinator. For more information, call or visit the Special Services Office in the Student Services building, 894-9611 ext. 2529.

<u>Campus Concealed Carry</u> – Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in South Plains College buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and South Plains College policy, license holders may not carry a concealed handgun in restricted locations. For a list of locations, please refer to the SPC policy at:

(http://www.southplainscollege.edu/human_resources/policy_procedure/hhc.php)Pursuant to PC 46.035, the open carrying of handguns is prohibited on all South Plains College campuses. Report violations to the College Police Department at 806-716-2396 or 9-1-1.

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	he information on this syllabus for	
KINE1119.		
Print name		
Date		
Phone #		
Write your phon	<mark>re number and email legibly!!!!</mark>	
E-mail		
Are there any health issue program? (circle one)	es we should be concerned about before you start this	
No		
If yes, please explain:		
*Sign and complete this form :	and turn it in to the instructor.	