South Plains College KINE 1110 Tennis Fall 2021, 1 credit

Section 01: TR 11:00-12:15

Instructor: Erik Vance

Office: Texan Dome 105

Office Hours: M W 9:30-10:30, T R 9:00-10:00, F By Appt

Email: evance@southplainscollege.edu

Class Location: This class meets at the tennis courts south of the library.

Course Description: This course covers the concepts of stroke mechanics, skill development, offensive and defensive strategies, rules, game play, singles and doubles, organization and communication, flexibility and conditioning for tennis.

General Rules

- -Students must wear proper workout attire
- -No Foul Language

Textbook: None, but students are required to bring their own racket.

Course Objectives:

- **1.** Describe and demonstrate the proper techniques and training principles taught in class.
- **2.** Describe and demonstrate the proper mechanics and techniques of the game of tennis.
 - **3.** Gain knowledge and understanding of the rules of tennis, and its variations.

Evaluation and Grading:

All of the following MUST BE COMPLETED before receiving a grade in the course.

Written exams: Two exams will be given, a mid term and a final. The final exam will be cumulative and given on the **LAST DAY OF CLASS**

Mid-term: 100 points Final: 100 points

Make-ups for the midterm, final, and practical exams will be given only with prior notification.

Content of the exams will come from any information provided by the instructor.

Participation: 100 points Attendance: 100 points

Course Total: 400 Points

Attendance Policy:

- 1. After **three** absences, there will be a one-letter grade penalty subtracted from the final grade in the course.
- 2. After **five** absences, the student will be dropped from the class with an "X".
- 3. If **5th** absence occurs after the drop date, you will receive and **"F"** for the course.
- 4. You must be on time to class!
- 5. Three "tardies" = ONE absence.

Grading Scale:

A=90-100 B=80-89 C=70-79 D=60-69 F=00-59

Grade progress report will be at mid-term and/or at the student's request.

Additional Information

Never leave anything of value in the dressing rooms of the Complex.

Thank you for not whining!!! As with anything in life, you get out of it what YOU put into it. We have high expectations for you. Set your goals and then stay focused and get to work.

COVID 19 Addendum

Due to uncertainty of the COVID 19 pandemic, there is the possibility that the format of this class will have to change significantly at any point. The instructor will strive to ensure a quality learning experience no matter what the situation, but the course format or content could change. If that is the case, all students will be given ample notice of the changes, and plenty of time to complete the alternative evaluations and assignments.

COVID 19 Attendance Addendum

Considerations will be given to absences due to COVID 19 exposure or contraction. Communication with the instructor is key.

Disability Statement

Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland (Student Health & Wellness Office) 806-716-2577, Reese Center (Building 8) & Lubbock Center 806-716-4675, or Plainview Center (Main Office) 806-716-4302 or 806-296-9611.

Non-Discrimination Statement

South Plains College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Vice President for Student Affairs, South Plains College -1401 College Avenue, Box 5, Levelland, TX 79336, 806-894-9611

Campus Concealed Carry - Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in South Plains College buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and South Plains College policy, license holders may not carry a concealed handgun in restricted locations. For a list of locations, please refer to the SPC policy at: (http://www.southplainscollege.edu/human_resources/policy_procedure/hhc.php)
Pursuant to PC 46.035, the open carrying of handguns is prohibited on all South Plains College campuses. Report violations to the College Police Department at 806-716-2396 or 9-1-1.

Assumption of Risk:

As with any activity there is an assumed risk while participating in this course. We will do all we can to provide a safe environment; however you are ultimately responsible for your well-being. The university and instructor will not be held liable for any injuries sustained in this class.

Any student with a documented medical condition or any injury that may preclude participation in a specific activity should inform the instructor immediately. Arrangements will be made with an alternate activity for your participation.