South Plains College Common Course Syllabus: PSYC 2320 Spring 2021

Department: Behavioral Sciences

Discipline: Psychology

Course Number: PSYC 2320

Course Title: Abnormal Psychology

Available Formats: Conventional

Campuses: Levelland, Reese

Course Description: This course provides an introduction to the psychological, biological, and sociocultural factors involved in the development, diagnosis, and treatment of psychological disorders. It includes a review the historical understanding of abnormal behavior and the development of modern diagnostic systems. It includes discussion of psychological research as it relates to mental health and psychological functioning as well as legal and ethical issues.

Prerequisites: PSYC 2301 General Psychology

Credit: 3 Lecture: 3 Lab: 0

Textbook: Abnormal Psychology: An Integrative Approach 8th Edition (2018) by David H. Barlow, Vincent Mark Durand, Stefan G. Hofmann. ISBN-13: 978-1305950443

Supplies: none unless specified in the specific instructor information

Course Evaluation: See the instructor's course information sheet for specific items used in evaluating student performance. However, all courses will have multiple exams and a written assignment that is designated by the instructor.

COVID Statement: It is the policy of South Plains College for the Fall 2020 semester that as a condition of oncampus enrollment, all students are required to engage in safe behaviors to avoid the spread of COVID-19 in the SPC community. Such behaviors specifically include the requirement that all students properly wear CDC-compliant face coverings while in SPC buildings including in classrooms, labs, hallways, and restrooms. Failure to comply with this policy may result in dismissal from the current class session. If the student refuses to leave the classroom or lab after being dismissed, the student may be referred to the Dean of Students on the Levelland campus or the Dean/Director of external centers for Student Code of Conduct Violation.

Plagiarism and Cheating: Students are expected to do their own work on all projects, quizzes, assignments, examinations, and papers. Failure to comply with this policy will result in an F for the assignment and can result in an F for the course if circumstances warrant.

Plagiarism violations include, but are not limited to, the following:

- 1. Turning in a paper that has been purchased, borrowed, or downloaded from another student, an online term paper site, or a mail order term paper mill;
- 2. Cutting and pasting together information from books, articles, other papers, or online sites without providing proper documentation;
- 3. Using direct quotations (three or more words) from a source without showing them to be direct quotations and citing them; or
- 4. Missing in-text citations.

Cheating violations include, but are not limited to, the following:

- 1. Obtaining an examination by stealing or collusion;
- 2. Discovering the content of an examination before it is given;
- 3. Using an unauthorized source of information (notes, textbook, text messaging, internet, apps) during an examination, quiz, or homework assignment;
- 4. Entering an office or building to obtain unfair advantage;
- 5. Taking an examination for another;
- 6. Altering grade records;
- 7. Copying another's work during an examination or on a homework assignment;
- 8. Rewriting another student's work in Peer Editing so that the writing is no longer the original student's;
- 9. Taking pictures of a test, test answers, or someone else's paper.

Student Code of Conduct Policy: Any successful learning experience requires mutual respect on the part of the student and the instructor. Neither instructor nor student should be subject to others' behavior that is rude, disruptive, intimidating, aggressive, or demeaning. Student conduct that disrupts the learning process or is deemed disrespectful or threatening shall not be tolerated and may lead to disciplinary action and/or removal from class.

Diversity Statement: In this class, the teacher will establish and support an environment that values and nurtures individual and group differences and encourages engagement and interaction. Understanding and respecting multiple experiences and perspectives will serve to challenge and stimulate all of us to learn about others, about the larger world and about ourselves. By promoting diversity and intellectual exchange, we will not only mirror society as it is, but also model society as it should and can be.

Disability Statement: Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland (Student Health & Wellness Office) 806-716-2577, Reese Center (Building 8) 806-716-4675, or Plainview Center (Main Office) 806-716-4302 or 806-296-9611.

Nondiscrimination Policy: South Plains College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Vice President for Student Affairs, South Plains College, 1401 College Avenue, Box 5, Levelland, TX 79336. Phone number 806-716-2360.

Title IX Pregnancy Accommodations Statement: If you are pregnant, or have given birth within six months, Under Title IX you have a right to reasonable accommodations to help continue your education. To <u>activate</u> accommodations you must submit a Title IX pregnancy accommodations request, along with specific medical documentation, to the Director of Health and Wellness. Once approved, notification will be sent to the student and instructors. It is the student's responsibility to work with the instructor to arrange accommodations. Contact the Director of Health and Wellness at 806-716-2362 or email cgilster@southplainscollege.edu for assistance.

Campus Concealed Carry: Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in South Plains College buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and South Plains College policy, license holders may not carry a concealed handgun in restricted locations. For a list of locations and Frequently Asked Questions, please refer to the Campus Carry page at: http://www.southplainscollege.edu/campuscarry.php

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all South Plains College campuses. Report violations to the College Police Department at 806-716-2396 or 9-1-1.

SPC Bookstore Price Match Guarantee Policy:

If you find a lower price on a textbook, the South Plains College bookstore will match that price. The difference will be given to the student on a bookstore gift certificate! The gift certificate can be spent on anything in the store.

If students have already purchased textbooks and then find a better price later, the South Plains College bookstore will price match through the first week of the semester. The student must have a copy of the receipt and the book has to be in stock at the competition at the time of the price match.

The South Plains College bookstore will happily price match BN.com & books on Amazon noted as *ships from and sold by Amazon.com*. Online marketplaces such as *Other Sellers* on Amazon, Amazon's Warehouse Deals, *fulfilled by* Amazon, BN.com Marketplace, and peer-to-peer pricing are not eligible. They will price match the exact textbook, in the same edition and format, including all accompanying materials, like workbooks and CDs.

A textbook is only eligible for price match if it is in stock on a competitor's website at time of the price match request. Additional membership discounts and offers cannot be applied to the student's refund.

Price matching is only available on in-store purchases. Digital books, access codes sold via publisher sites, rentals and special orders are not eligible. Only one price match per title per customer is allowed.

Note: The instructor reserves the right to modify the course syllabus and policies, as well as notify students of any changes, at any point during the semester.

Instructor's Course Information: Dr. Harris (AD 152)

Course Information: PSYC 2320_200 Abnormal Psychology

Class meeting time: Tuesday and Thursday: 1:00pm-2:15pm in R415

Office Hours: M&W: 11am-2pm in Levelland (AD 152)

TU & TH: 2:30pm-3:30pm at Reese (Virtual (Collaborate)/405F)

F: By Appointment

Email Address: jharris@southplainscollege.edu

Textbook: Abnormal Psychology: An Integrative Approach 8th Edition (2018) by David H. Barlow,

Vincent Mark Durand, Stefan G. Hofmann. ISBN-13: 978-1305950443

<u>CLASS FORMAT:</u> For the Spring 2021 semester, given the current pandemic, this course will be taught in a "flex" format. Essentially, each student will have the opportunity to decide FOR EACH DAY THE CLASS MEETS, how they would like to attend. The three options for attending class are the following:

- 1. Students can attend class in-person, in the designated classroom. Students who choose this option will be required to wear a mask throughout the class and to socially distance from other students. Students are STRONGLY DISCOURAGED to attend class if they are feeling ill, especially if they are showing symptoms related to COVID. Attendance/participation points will be awarded to students who attend class using this option.
- 2. Students may attend class through Blackboard Collaborate AT THE SAME TIME as students attending in person. The lecture will be happening live on Blackboard for those students who choose to join online. Attendance/participation points will be awarded to students who attend class using this option.
- 3. Students may choose to watch a recording of the live lecture at a time other than the scheduled meeting time. Videos of the lecture will be made available the morning following the live lecture, and can be found in the Blackboard folder marked "LECTURE RECORDINGS". Each video lecture will be accessible for 2 weeks after it has been posted for students to watch and take a short quiz on. The quiz points will replace the lost attendance/participation points for not attending lecture live.

ALL EXAMS WILL BE COMPLETED ONLINE THROUGH BLACKBOARD.

On scheduled exams days, there will be no in-person class held. Students can choose to take the exam from any location where they are able to access a computer. The exams will be available in Blackboard for a specific amount of time, they will be timed, once a student opens the exam they will not be able to close their browser until the exam is complete. The exam questions will be randomized so that no 2 students will take the same exam.

<u>Student Conduct:</u> The student handbook clearly defines appropriate classroom conduct. A student can be asked to leave the class for inappropriate conduct. You should not disrupt the class since you interfere with the learning process for your peers. Talking, sleeping, cell phones ringing, or other disruptive behaviors will result in a warning and then can result in the student being dropped from the class. If you must have a phone for sick children or emergency reasons, please put the phone on vibrate because a ringing/singing phone is very disruptive to the class.

<u>Student Conduct:</u> The student handbook clearly defines appropriate classroom conduct. A student can be asked to leave the class for inappropriate conduct. You should not disrupt the class since you interfere with the learning process for your peers. Talking, sleeping, cell phones ringing, or other disruptive behaviors will result in a warning

and then can result in the student being dropped from the class. If you must have a phone for sick children or emergency reasons, please put the phone on vibrate because a ringing/singing phone is very disruptive to the class.

<u>Late Work and Missed Assignments:</u> Work is due on the dates assigned and cannot be made up if missed. Assignments are due on the date assigned and there is a late penalty for each day the work is late.

<u>Appeal Process</u>: The process of appeal is outlined in the college catalog. Basically you would need to talk to the instructor, the department chair, and then the dean if the problem is not resolved. Be sure to start with your instructor.

<u>Diversity Statement:</u> In this class, the teacher will establish and support an environment that values and nurtures individual and group differences and encourages engagement and interaction. Understanding and respecting multiple experiences and perspectives will serve to challenge and stimulate all of us to learn about others, about the larger world and about ourselves. By promoting diversity and intellectual exchange, we will not only mirror society as it is, but also model society as it should and can be. (Faculty Handbook 4.1.1.1)

<u>Equal Opportunity:</u> South Plains College strives to accommodate the individual needs of all students in order to enhance their opportunities for success in the context of a comprehensive community college setting. It is the policy of South Plains College to offer all opportunities without regard to race, color, national origin, religion, gender, disability or age. In addition, this instructor will not tolerate remarks nor gestures that can be construed to be sexist, racist, heterosexist or in any way disparaging to another person in this classroom.

<u>ADA Statement:</u> Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland Student Health & Wellness Center 806-716-2577, Reese Center (also covers ATC) Building 8: 806-716-4675, Plainview Center Main Office: 806-716-4302 or 806-296-9611, or the Health and Wellness main number at 806-716-2529.

<u>Writing Style:</u> All written assignments should be presented using the conventions of Standard Written English. South Plains College requires all students to become proficient in "academic English," a form of English that is typically used in academic, professional, and business contexts. While slang, regional idioms, and informal kinds of self-expression are appropriate in some contexts, they are out of place in academic writing. Writing instructors and professors in courses across the campus expect all students to demonstrate proficiency in using the conventions of academic English in their written work, whether it is in-class exams or take-home essays.

<u>Academic Integrity:</u> See College Catalog "Offering the work of another as one's own, without proper acknowledgement, is plagiarism..." Students found guilty of plagiarism will fail the work in question for the first offense and will be dropped from the course should a second offense occur. For further information and examples please see www.plagiarism.org

<u>Grading Policy/Procedure:</u> You will have four exams worth 150 points each, attendance points worth a total of 100 points, an article presentation worth 50 points, and an end of the semester project worth 250 points for a total of 1000 points. Other grades may be added with daily papers that may be assigned. Your grade will be based upon a percentage of the total points with (900-1000 points) 90%=A; (800-899 points) 80%=B; (700-799) 70%=C; (600-699 points) 60%=D; (< 599 points) 59% and below = F.

	POINTS POSSIBLE	POINTS EARNED
EXAM 1	150	
EXAM II	150	
EXAM III	150	
EXAM IV	150	
ATTENDANCE/PARTICIPATION POINTS	100	
ARTICLE ASSIGNMENT	50	
FINAL PROJECT	250	
TOTAL	1000	

Special Requirements: If you miss an exam, you cannot make it up, but your optional CUMULATIVE final exam can be used to replace either your lowest score or an exam you missed. If you miss more than two exams, you will be asked to drop the class.

Projects/Assignments:

Article (50 points): You will present a relevant article over a topic presented within the chapter. This assignment is worth 50 points. You will go to Google Scholar and do a search for the topic of your choice. Find an article published after 2015 relevant to your topic. For example, if you want to find an article about Attachment Theory, you would search "Attachment Theory" and find a recent article that includes a PDF link. Provide a brief (1-2 pages) summary of the article and your reaction to reading (i.e. what did you find interesting, what surprised you, what would you share with a friend or family member about the article). A rubric will be provided on Blackboard.

End of semester project (250 Points): Throughout the semester, I will recommend a full-length movie that is relevant to the topic being discussed. You will select one of the suggested movies at the end of the semester as topic for a 4-6-page paper (double-spaced). You will write a synopsis of the movie, suggest a diagnosis/diagnoses for the main character, outline the DSM V criteria for the diagnosis/diagnoses you have chosen, and compare and contrast the presentation of symptoms/treatment in the movie to that which we discuss in class. A rubric will be provided on Blackboard.

DATE	TOPIC	EXAM/ASSIGNMENT	RECOMMENDED READING
01/19	WELCOME		
01/21	HISTORICAL CONTEXT		CHAPTER 1
01/26	HISTORICAL CONTEXT		CHAPTER 2
01/28	CLINICAL ASSESSMENT		CHAPTER 3
02/02	DIAGNOSIS AND TREATMENT		CHAPTER 3
02/04	RESEARCH METHODS		CHAPTER 4
02/09		EXAM I	
02/11	ANXIETY RELATED DISORDERS		CHAPTER 5
02/16	SOMATIC DISORDERS		CHAPTER 6
02/18	DISSOCIATIVE DISORDERS		CHAPTER 6
02/23	MOOD DISORDERS		CHAPTER 7
02/25	MOOD DISORDERS		CHAPTER 7
03/02		EXAM II	
03/04	EATING DISORDERS		CHAPTER 8
03/09	SLEEP-WAKE DISORDERS		CHAPTER 8
03/11	PHYSICAL/HEALTH DISORDERS		CHAPTER 9
03/16-		SPRING BREAK	
03/18	SEXUALITY/GENDER		CHAPTER 10
03/25	SUBSTANCE USE DISORDERS		CHAPTER 10
03/23	SUBSTANCE USE DISORDERS	ARTICLE ASSIGNMENT DUE (BY	CHAPTER 11
03/30	SUBSTANCE USE DISORDERS	MIDNIGHT)	CIMI ILK II
04/01		EXAM III	
04/06	IMPULSE CONTROL DISORDERS		CHAPTER 11
04/08	PERSONALITY DISORDERS		CHAPTER 12
04/13	PERSONALITY DISORDERS		CHAPTER 12
04/15	SCHIZOPHRNIA		CHAPTER 13
04/20	SCHIZOPHRENIA		CHAPTER 13
04/22	NEURODEVELOPMENTAL DISORDERS		CHAPTER 14
04/27	NEUROCOGNITIVE DISORDERS		CHAPTER 15
04/29	MENTAL HEALTH PROFESSIONS		CHAPTER 16
05/04	MENTAL HEALTH PROFESSIONS		CHAPTER 16
05/06		EXAM IV	
05/07		END OF SEMESTER PROJECT DUE (BY MIDNIGHT)	
05/10- 05/13	FINAL (OPTIONAL)		