COURSE SYLLABUS

VNSG 1402.501
(4:2:7)

APPLIED NURSING SKILLS I

Vocational Nursing

Health Occupations

Technical Education Division

Plainview Center

SOUTH PLAINS COLLEGE

Fall - 2018

PLAINVIEW

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COURSE SYLLABUS

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COURSE TITLE: VNSG 1402 – APPLIED NURSING SKILLS I

INSTRUCTOR: Rebecca Halford MSN, RN

OFFICE LOCATION   Plainview Center - 104E

 PHONE/Email   (806)296-9611 rhalford@southplainscollege.edu

OFFICE HOURS: M ……………8:30 AM – 9:00 AM and 1:00 PM – 3:30 PM
T …………….8:30 AM – 9:00 AM and 1:00 PM - 3:00 PM
W………...BY APPOINTMENT ONLY
TH…………. 8:30 AM – 9:00 AM and 1:00 PM - 3:00 PM
F……………BY APPOINTMENT ONLY

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SOUTH PLAINS COLLEGE IMPROVES EACH STUDENT'S LIFE

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COURSE DESCRIPTION:

        This course is an introduction to an application of primary nursing skills. Emphasis is given to the utilization of the nursing process and related scientific principles and rationales.

STUDENT LEARNING OUTCOMES:

        The student will describe the underlying principles and rationales of selected nursing skills and their relationship to client health status; demonstrate satisfactory performance of selected nursing skills utilizing principles of safety; and identifying the nursing process used to solve basic client care problems across the life span utilizing appropriate medical terminology.

COURSE COMPETENCIES:

        The student must complete this course with a grade of 77% or above based on the following objectives:

1. Explain the underlining principles and rationales of each specific skill in a given module of instruction.
2. Demonstrate an understanding of underlying scientific principles by satisfying performance of each identified skill.
3. Implement the nursing process (assessment, nursing diagnosis, planning, implementation with scientific rationales, and evaluation) to solve simple patient care problems.
4. Apply the concepts of medical terminology and accurate documentation for the use in communicating within the health care system.

ACADEMIC INTEGRITY:

        Refer to Plainview Student Handbook and the SPC catalog.

SCANS AND FOUNDATION SKILLS:

C – 1, 3, 5, 6, 7, 9, 10, 11, 13, 14, 15, 16, 17, 18, 19, 20.
F – 1, 2, 5, 6, 7, 8, 9, 10, 11, 12.

VERIFICATION OF WORKPLACE COMPETENCIES:

NCLEX – PN Licensure Exam eligibility following successful completion of the one-year vocational nursing program.

TEXTBOOK:

Burton, Marti A., R.N., B.S. and Ludwig, Linda J. May, R.N., B.S., MEd (2015). Fundamentals of Nursing Care – Concepts, Connections, and Skills, 2nd Edition F. A. Davis Company, Philadelphia

Study Guide to accompany textbook

Alfaro-LeFevre, Rosalinda, RN, MSN, ANEF (2014). Applying Nursing Process – The Foundation for Clinical Reasoning, 8th Edition, Lippincott Williams & Wilkins Publishers, Philadelphia

Tabors Medical Dictionary

ATI Support Materials

ATTENDANCE POLICY:

Refer to SPC Catalog and Plainview Student Handbook. This course is a 4-semester hour course with 8 hours allowable absence.

COURSE REQUIREMENTS:

1. Participation in class and lab discussion exploring the basic principles and underlying scientific principles and rationales of nursing skills.
2. Viewing of audiovisual materials presented with lecture and /or lab. ATI Support Materials – any review or testing assigned will be included in Class Participation grade and the student must attempt until a passing grade is achieved.
3. Demonstrated competency in skill procedures for both non-sterile and sterile procedures with a minimum competency of 77%. The student will be allowed three opportunities to meet competency level on all critical skills and the initial score obtained will be the recorded score for that skill performance. The first skill performance will be done on the student's selected date, and if subsequent attempts are needed an appointment should be made with the instructor at that time in order for skill performance completion. Should the subsequent attempt appointment not be completed within this time frame, a zero will be recorded for that skill performance – and the student will need to prove competency in the skill upon the instructor's request. Practice laboratory hours outside of scheduled class time (PM Lab Hours) are set for Tuesdays and Thursdays. The week clinical rotations begin, PM Lab Hours will be set for Mondays and Tuesdays. All students are required to have two hours of practice each week utilizing PM Lab Hours. A sign-in/sign-out book for these PM Lab Hours will be available in the nursing department and/or through the instructor. It is the student's responsibility to log their own hours in and out of the skills lab. PM Lab Hours and documentation requirements for these hours will be discussed the first day of class.
4. Demonstrated competency in knowledge of abbreviations, skill rationales, and medical terminology.

5. Intermittent review quizzes, unit exams, and a comprehensive final exam will be given. The ATI Benchmark Exam (Fundamentals Proctored Assessment) will be completed before the final exam and will be recorded as a unit exam. ATI "Topics for Review" for this assessment will be required for the student to complete. Due dates will be announced.
6. Written assignments must be submitted following the "General Rubric for Formal Assignments" (See below)
7. Computer assisted instruction (CAI) programs may be assigned for corresponding units of study. Due dates for these program assignments will be announced by instructor.
8. Acknowledge and demonstrate understanding the SPC Nursing Department Honesty Policy and Plagiarism Declaration. Please complete Declaration form at end of syllabus and submit to the nursing office no later than by the end of the third-class day.

<u>General Rubric for Formal Assignments</u>
Please use these SPC Handbook / APA format guidelines given to you.

1. Use 1" margins on paper throughout.
2. All pagers are to have a "<u>Running head"</u> with title of paper (30 character max). This will continue through entire paper on the top, left hand of page. This video may be beneficial: https://www.youtube.com/watch?v=Krwf3TDD1vU
3. Last name and page number are to be flush in right top corner. With students that share a last name with other classmates, it is acceptable to use first initial and last name with page number. This will continue through entire paper.
4. Type is in 12 point font and Times New Roman, entire typed paper is to be double spaced.
5. All formal papers are to be typed, and at least 6 pages (including cover and reference; There should be a minimum of 4 pages of paragraphed or otherwise displayed content as assigned). Be sure to not leave out important content, but also do not be too wordy or repetitive with content in paper.
6. Create title page with centered in page- information in order as follows: Title of paper, Course/Class, Instructors name and credentials, Student name, Program/ College, and Date assignment due.
7. Abstract follows title page. This is a *summary* of the whole paper in a single paragraph. A paragraph is 3-5 full sentences or a word count between 150-250 words. **It is usually easier to write after the final draft is completed so information is not missed in summary.
8. There needs to be an introduction and conclusion (introduction is different than abstract). Use heading titles for each part of the body of your paper except introduction.
9. Cite your sources in the body of the paper (also known as in-text citations). This type of citation is found in parenthesis within the length of the paper often crediting information to source by listed author(s) and year.
10. Your references must be on a combined reference page in alphabetized order. References and alternate sources for information should be within the past 5 years from current date.

11. You may use credible internet resources to assist with your paper and APA format. Some computer programs may have APA built in. Just make sure that paper is in specified format of APA requirements listed here. All outside internet resources need to be instructor approved, please follow posted office hours for appointments.
12. Spell out all numbers, don't use contractions or abbreviations/acronyms.

Websites with credibility to assist you with your APA/ Formal Assignment Guidelines are:

https://owl.english.purdue.edu/owl/resource/560/01/
http://www.citefast.com/

GRADING:

UNIT EXAMS/FINAL EXAM	30%	A	93 - 100	
SKILL PROCEDURES	50%	B	84 - 92	
CLASS PARTICIPATION	20%	C	77* - 83	*Passing
		D	70 - 76	
		F	69 or below	

All assignments, lectures, skills, or exams are subject to change per instructor's discretion.

SCHEDULE OF CLASSES:

08-27 -18   Course Introduction
       Syllabus Review
       Text Review

08-29 -18   Laboratory Tour / Supply Bag Check / Team Divisions
       Unit I Introduction to Nursing
       Chapter 4 the Nursing Process and Decision Making
       Chapter 5 Documentation
       Skill Performance Prep (Lab)
       ATI Skill Module Review

(I strongly encourage you to do the ATI modules. This will benefit you throughout the semester.)

08-31- 18   Chapter 13 Safety
       Chapter 14 Medical Asepsis and Infection Control
       Skill Performance Prep (Lab)
       ATI Skill Module Review

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1st Skill Performance:
1 Handwashing
2 Medical Isolation Techniques
3 Restraints
#4 Position, Ambulation, and Transfer

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09-03 – 18   *** LABOR DAY HOLIDAY ***

09-05- 18   UNIT # 1 Exam (Chapters 4, 5, 13, 14)
       ATI Skill Module Review

09-07-18   Chapter 16 Moving and Positioning Patients
       Chapter 15 Personal Care
       Skill Performance Prep (On your own)

09 -10-18   Chapter 17 Vital Signs
       Skill Performance Prep
       ATI Skill Module Review

09 – 12 - 18   Skill Performance Testing #1
       Skill Performance Prep
       ATI Skill Module Review

09-14-18   Skill Performance Prep

Review ATI skill Module

09 – 17 – 18   Chapter 21 Physical Assessment Skill Performance Prep
icareaboutnursing.org "Health Assessment" video presentation
ATI Skill Module Review

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2nd Skills Performance:

#5 Bed making (Occupied/unoccupied)
#6 Bed Bath
#7 Skin Care and Back Massage
#8 Range of Motion

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9 – 19 – 18   **Skill Performance Testing #2**
Skill Performance Prep
ATI Skill Module Review

09-21-18   Chapter 20 Admission, Transfer, Discharge
ATI Skill Module Review
Skill Performance Prep

09 – 24-18   Chapter 19 Pain Management, Rest, & Restorative Sleep
Chapter 18 Applying Heat & Cold
Skill Performance Prep
ATI Skill Module Rev

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3rd Skills Performance:

#9 Vital Signs
#10 Health Assessment
#11 Admission, Transfer, and Discharge

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09- 26 -18   Chapter 22 Surgical Asepsis
ATI Skill Performance Prep
 Covenant Hospital Plainview Surgery Department
Intraoperative Techniques – Use chart in text to determine appropriate glove size

09 -28- 18   Chapter 33 Care of the Surgical Patient
Skill Performance Prep continued
ATI Skill Module Review

10-01-18   Skill Performance Prep continued
ATI Skill Module Review

10 – 03 - 18   **Skills Performance Testing #3**

10-05-18   Chapter 24 Nutritional Care and Support
Skill Performance Prep
ATI Skill Module Review

4th Skills Performance:

#12 Non-pharmacological/ Pain Medication
#13 Appling Heat and Cold
#14 Basic Surgical Asepsis
#15 Scrubbing, gowning, and gloving

10 – 08-18   Skill Performance Prep
                 ATI Skill Module Review

10-10-18   **Unit # 2 Exam (Chapter 15-22, 33)**
               Skill Performance Prep
               ATI Skill Module Review

5th Skills Performance:

#16 Intake & Output/Feeding the Adult
#17 NG Intubation
#18 Enteral Feeding

10/12/18   **Fall Break!!!**

10 – 17 - 18   Skills Performance Testing #4
                 Skill Performance Prep
                 ATI Skill Module Review

10-19-18   Chapter 25 Diagnostic Tests
               Skill Performance Prep continued
               ATI Skill Module Review

10-22-18   Chapter 34 Phlebotomy and Blood Specimens
               Skill Performance Prep
               ATI Skill Module Review

10 – 24 – 18   Skills Performance Testing #5
                  Skill Performance Prep
                  ATI Skill Module Review

10 – 26-18   Clinical Orientation

6th Skills Performance:

#19 Dressing Change & Documentation of Wound Care
20 Bandages & Binders
21 Ambulation Aids
#22 FSBG (Finger Stick Blood Glucose)

CLINICALS BEGIN!!!

10-29-18   Chapter 26 Wound Care
               Chapter 27 Musculoskeletal Care
               Skill Performance Prep
               ATI Skill Module Review

10-31-18   Chapter 28 Respiratory Care
                  Skill Performance Prep continued
                  ATI Skill Module Review

7th Skills Performance:
23 Oxygen Therapy
24 Incentive Spirometry
#25 Throat Culture
26 Tracheostomy Care
#27 Suctioning Techniques

11-02-18   VSNG Clinicals @ CCE (Reese Campus)

11-05-18   Chapter 30 Bowel Elimination and Care
                  Chapter 31 Urinary Elimination and Care
                  Skill Performance Prep
                  ATI Skills Modules Review

11-07-18   Skills Performance Testing #6

11-09-18   VSNG Clinicals

11-12-18   UNIT EXAM # 3 (Chapters 24 – 28 and 30, 31, 33, 34)

8th Skills Performance:
28 Elimination Aids
29 Colostomy Care & Irrigation
30 Catheterization
31 Specimen from Catheter
32 Urine Clinitest & Acetest (C & A)

11 – 14 – 18   Skills Performance Testing #7

11-16-18   VSNG Clinicals

11-19-18   Skill Performance Prep
                  ATI Skills Modules Review

11 / 22 – 24 / 17   *** THANKSGIVNG HOLIDAY *****

11 – 26 – 18   Skill Performance Prep
                  ATI Skills Modules Review

11- 28 -18   Skill Performance Prep
                  ATI Skills Modules Review

11-30-18   **ATI Testing (Fundamentals)**

12-03-18   ATI Skill Module Review
                  Skill Performance Prep

12-5-18   **Skills Performance Testing #8**

12-07-18   ATI Skill Module Review
                  Skills completion on those who did not pass a certain section of skills.

12 –12– 18   COMPERHENSIVE FINAL EXAM