

SOUTH PLAINS COLLEGE-REESE
VOCATIONAL NURSING PROGRAM
COURSE SYLLABUS

COURSE TITLE: VNSG 1301.200.171 Mental Health—Mental Illness

COURSE DESCRIPTION: This course will be a study of human behavior with an emphasis on emotional and mental abnormalities and modes of treatment incorporating the nursing process. Introduction to the principles and theories of mental health and human behaviors will be presented. Topics include emotional responses, coping mechanisms and therapeutic communication skills.

COURSE LEARNING GOALS: The student will identify common mental illness and maladaptive behavior; utilize the nursing process to assist in planning care for the individual with mental illness or maladaptive behavior; and discuss trends in the management of the individual requiring psychotherapeutic treatment. The student will describe characteristics of positive mental health; identify the coping mechanisms utilized by individuals to assist in alleviating stress and anxiety; and demonstrate the use of therapeutic communication skills.

SCANS: this course meets the SCANs (Secretaries Commission on Achieving Necessary Skills): (C-5, C-6, C-7, C-9, C-10, F-1, F-3, F-7, F-8, F-9, F-11, F-12, F-13, F-14, F-15, F-16, F-17)

PRE-REQUISITES: Approval of Program Director.

SEMESTER/YEAR: Fall 2018

INSTRUCTOR: Judy Brunner, RN.

OFFICE: Room 510

OFFICE HOURS: By appointment

OFFICE PHONE: 716-4621

INSTRUCTOR EMAIL: jbrunner@southplainscollege.edu
(preferred method of communication)

COURSE OUTCOME: “Human emotions, stress, anxiety, grief and crisis and variables of response to these factors are addressed”. (D. Womble, 2012, pg. V)

GENERAL COURSE INFORMATION:

A. Required Textbook: Introductory Mental Health Nursing by Donna M. Womble (2011), 3rd edition

B. Attendance Policy:

CLASSROOM ATTENDANCE: Learning is fostered in the classroom environment. Missing even one lecture/class activity can negatively impact student performance; therefore, classroom attendance is mandatory and students are accountable to attend and be on time for class.

There are no excused absences in the Vocational Nursing Program. A student who misses the morning session may attend the afternoon session to get the information, but the student is still marked as “absent” for the day. There are no “half-day” absences. If the student is asked to leave the classroom for any reason (sleeping, talking or other inappropriate behavior), the student is given an absence. Attendance is most often taken by a sign in sheet. Students who

“forget” to sign in are counted as absent. Students are given numerous days off for holidays and Spring/Fall breaks, not including weekends. In addition, classes are over by 5:00 p.m. This should give students ample time to take care of business, schedule medical and other necessary appointments. As a matter of courtesy and professional behavior, a student who is going to be absent should email or call the course instructor and inform the instructor of the pending absence.

Attendance: Tardiness— It is disruptive to students who are on time for a tardy student to enter the classroom with books and backpacks. It also demonstrates a lack of caring and lack of respect to classmates for the tardy student to disrupt class. Students who are (1) tardy to the start of class or (2) tardy following a break or lunch are counted as tardy within the first 5 minutes of the class starting (after that, students are “absent”). Two tardies count as one absence. {Students who are tardy to class for an examination are not allowed to come in to class once the exam has begun and are counted as absent. These students may come in to class after the examination is over to hear the information but the deduction will remain}. Tardy students should sit at the back of the class until after a break when they can then return to their normal seat.

***On exam days, the student is not allowed to come in the room once the exam has started. If a student leaves the classroom after an exam and does not return at the designated time or prior to class being dismissed, the student will be counted absent.**

C. Examination Policy:

1. See Lecture/Test Schedule and Student Presentations Schedule.
2. Students are expected to read the information prior to coming to class and are expected to participate in class through discussion and answering questions.
3. In order to pass this course, the student must have a 75 average or better.
4. If a student misses one exam, the grade on the Final Exam will be substituted for the “0” on the missed exam. If a student misses any more exams, the zero for those exams will remain a zero.
5. NO exams will be given prior to the originally scheduled exam. Plan appointments appropriately.
6. **Attention: No cell phones or electronic devices** are allowed in the classroom during lectures, video’s, or test. The following penalties apply to students who choose to sneak in their cell phone:
 - (1) Should a cell phone go off during an exam, that student’s test will end right there with a “50” recorded for that test grade even if you are on the last question.
 - (2) If a cell phone goes off during lecture, the cell phone will be taken up and left in the Director’s office until 4:00 pm.

If you wish to record a lecture, you must ask the instructor first and then place the recording device on the front table. (A cell phone can not to be used as a recording device.)

The student is allowed to use the cell phone during breaks. Please keep your cell phone in your locker or vehicle.

Plain bottled water with a screw top lid may be brought into the classroom during lecture only. Not during a test.

No other form of electronic devices are permitted in the classroom. This includes no laptops, computers, iPad or video recording device.

7. NO HATS OR CAPS ARE TO BE WORN DURING EXAMS, AND NO BACKPACKS, DRINKS, OR FOOD ARE PERMITTED IN CLASS DURING EXAMS.

8. **Grading Policy**

Grade Scale
90-100 = A
80-89.9 = B
75-79.9 = C
70-74.9 = D
69.9 and below = F

Grades are not rounded up or down. Example: a 74.9 shows as a 74 on your course grade, which would be a “D”.

The FINAL COURSE GRADE is a **letter grade only** and is the grade that will appear on the SPC transcript. Numeric final course grades will not be listed on Blackboard.

Grade Breakdown:

Unit Exams:	60%
Final Exam:	<u>40%</u>
	100%

Students have the opportunity to review all grades as they are recorded. Should the student have any questions about a specific grade or specific test question, the student must discuss this with the instructor within 48 hours of notification of the grade assignment. Once the 48 hours have passed without the student questioning the grade or question, **the assigned grade is final and may not be challenged at the end of the course. The final exam may not be reviewed.**

Please refer to your SVN handbook for additional comments about grades.

9. Additional information

The student is responsible for reading, understanding and abiding by the policies of this syllabus, the student policies of South Plains College Vocational Nursing Program and the policies of the South Plains College General Catalog.

It is the student’s responsibility to **know the vocabulary words and to do the learning objectives** at the beginning of each chapter. The vocabulary words will appear in the tests as part of the question or part of an answer. The learning objectives will help you remember important information that test questions will derive from.

D. COURSE OBJECTIVES

Upon completion of this course, the student will be able to:

Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland (Student Health & Wellness Office) 806-716-2577, Reese Center (Building 8) 806-716-4675, or Plainview Center (Main Office) 806-716-4302 or 806-296-9611.

For more information about SPC Disability Services, please click on the following link: <https://myspc.southplainscollege.edu/ICS/Students/FYI/>

South Plains College strives to accommodate the individual needs of all students in order to enhance their opportunities for success in the context of a comprehensive community college setting. It is the policy of South Plains College to offer all educational and employment opportunities without regard to race, color, national origin, religion, gender, disability or age.

It is the intent of South Plains College to be in full compliance with the Civil Rights Act of 1964, as amended, the Rehabilitation Act of 1973 (Section 503, 504), the Vietnam Era Veterans Assistance Act of 1974, Texas Statutes 6252-14-V.A.T.S. and 6252-16-V.A.T.S., and Executive Orders 11246 and 11758

Campus Concealed Carry syllabus statement:

Campus Concealed Carry - Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in South Plains College buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and South Plains College policy, license holders may not carry a concealed handgun in restricted locations. For a list of locations, please refer to the SPC policy at: (http://www.southplainscollege.edu/human_resources/policy_procedure/hhc.php)

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all South Plains College campuses. Report violations to the College Police Department at 806-716-2396 or 9-1-1.