

COURSE SYLLABUS

RNSG 2213 (3:2:4)

MENTAL HEALTH NURSING

ASSOCIATE DEGREE NURSING PROGRAM

DEPARTMENT OF NURSING

HEALTH OCCUPATION DIVISION

LEVELLAND CAMPUS

SOUTH PLAINS COLLEGE

Spring, 2019

**SOUTH PLAINS COLLEGE ASSOCIATE
DEGREE NURSING PROGRAM**

MENTAL HEALTH NURSING

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Levelland

COURSE SYLLABUS

COURSE TITLE: RNSG 2213 Mental Health Nursing

INSTRUCTORS: Lourie Winegar MSN, RN, PMHNP-BC
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OFFICE LOCATION, PHONE/E-MAIL:

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OFFICE HOURS: Posted on each instructor's door

SOUTH PLAINS COLLEGE IMPROVES EACH STUDENT'S
LIFE

I. COURSE DESCRIPTION AND END-OF-COURSE
OUTCOMES

RNSG 2213 integrates the principles and concepts of mental health, psychopathology, and treatment modalities as they relate to providing nursing care to patients and their families suffering from mental illnesses. The course is designed to provide the learner with the basic knowledge and skills necessary to function within the four roles of nursing which include: Member of the profession; Provider of patient-centered care; Patient safety advocate; and Member of the health care team. RNSG 2213 is a foundational course which utilizes classroom instruction, active learning, and role-play as tools to educate the student about nursing roles as they apply to patients/families across the life span and to persons who are receiving care as inpatients in psychiatric facilities as well as in various community settings.

At the end of the course, the student will demonstrate proficiency in the following areas as they relate to providing care for patients and families that are experiencing mental health problems. The student will be able to explain the roles of the professional nurse in caring for patients and families experiencing mental health problems. Additionally, the student will have an applicable foundation for therapeutic communication as demonstrated by submitting a self-critiqued therapeutic conversation that they have had which follows a specified format with faculty feedback. The student will demonstrate critical thinking and use a systemized problem-solving process for providing care to persons and their families that are experiencing mental health problems. Students who successfully pass course requirements for RNSG 2213 are able to enroll in RNSG 2261, which is a clinical-based nursing course.

A. COURSE COMPETENCIES

1. Successful completion of this course requires a grade of “C” or better, satisfactory total grade point average on examinations and written assignments, satisfactory achievement of unit outcomes, completion of standardized tests as applicable to the curriculum, and regular classroom/clinical attendance. Upon successful completion of this course, each student will have demonstrated accomplishment of the level outcomes for the course, through a variety of modes (prelims, role play, case studies, individual presentations, group presentations, lab performance).

B. ACADEMIC INTEGRITY

1. Refer to the SPC college catalog. Refer to the SPC ADNP nursing student
2. Handbook: “Honesty Policy.”

C. SCANS and FOUNDATION SKILLS

1. Scans and foundation skills found within this course, are listed below the unit title
2. (and above the content column) of each unit presented.

D. VERIFICATION OF WORKFORCE COMPETENCIES

1. No external learning experiences provided but learning experiences in lab provide setting in which student applies workplace competencies. Successful completion of the Entry Level Competency statements at the level specified by the course (Level Objectives) will allow the student to continue to advance within the program. Upon successful completion of the program, students will be eligible to take the state board exam (NCLEX) for registered nurse licensure.

II. SPECIFIC COURSE/INSTRUCTOR REQUIREMENTS

A. REQUIRED TEXTBOOKS

1. Videbeck, Sheila L. (most recent edition). Psychiatric Mental Health Nursing. Philadelphia, PA : Lippincott.

2. Syllabus:RNSG 2213 (*Mental Health Nursing*)

3. Nurse Practice Act

4. ATI Text and online resources for Mental Health Nursing

5. Access to Blackboard

B. ATTENDANCE POLICY:

1. Punctual and regular class attendance, as stated in the SPC and ADN Handbook, is required of all students attending SPC. **There are no excused absences.** Class hours 9 am – 12 pm. Test days 8:30 am -1 pm.

a) *Lecture attendance is mandatory. The student will be dropped from RNSG 2213 if they accumulate 9 hours in absences (This is three class meetings).*

b) *Tardiness is disruptive and will be cumulative towards an absence.*

c) *All absences, partial or complete, are cumulative.*

C. ASSIGNMENT POLICY

1. All required work must be in on time in order that the student may benefit from the corrections and study for future examinations. Assigned outside work is due on the dates specified by the instructor. Assignments turned in later than the due date will not be accepted unless the student clears the circumstances with the instructor. The assignment will be docked 5 points for each day that it is past due, including weekends and holidays. All work is due at the beginning of class and must be in the required format. Work turned in after the date due must be initialed and dated by another nursing department faculty or office staff member and placed in the instructor's mail box in the Nursing Department Office located on the Levelland campus. **Assignments turned in beyond one week from the due date will not be graded and the student will receive a zero.**

2. Students should retain a photocopy or computer-accessible file of all assignments turned in.

3. Assignments are not accepted by email—a “hard” copy is the required format.

**SOUTH PLAINS COLLEGE ASSOCIATE
DEGREE NURSING PROGRAM
EDUCATIONAL OBJECTIVES**

The educational outcomes of this program will prepare the graduate to function within the three roles of nursing identified in the conceptual framework and philosophy. These roles are provider of care, manager/coordinator of care, and member of the profession.

Functioning within the three roles, the graduate of this program will be able to:

PROVIDER OF CARE:

1. Integrate theoretical concepts with nursing knowledge and skills to meet the basic needs of clients, families, and/or groups throughout the life span in a variety of settings.
2. Integrate the five steps of the nursing process into nursing practice.
3. Communicate **and collaborate** effectively with clients, families, and/or groups in a variety of settings.
4. Provide safe, cost effective nursing care **in collaboration with members of the health care team** using critical thinking, problem solving, and the nursing process in a variety of setting through direct care, assignment, or delegation of care.
5. Integrate principles of teaching-learning in providing information to clients, families, and/or groups regarding promotion, maintenance, and restoration of health or the process of death and dying.
6. Evaluate clinical data, current literature, **and client/family/community responses and outcomes to therapeutic interventions** in order to make appropriate nursing practice decisions.

MANAGER/COORDINATOR OF CARE:

1. **Function within the organizational framework of various healthcare settings.**
2. Evaluate the effectiveness of community resources in the delivery of health care to clients, families, and/or groups.
3. Coordinate the health care team in delivering care to clients, families, and/or groups.
4. Coordinate appropriate referral sources to meet the needs of clients, families, and/or groups.
5. Utilize critical thinking and problem solving skills in prioritizing, management and coordination of all aspects of care.

Plagiarism Declaration
Department of Nursing
South Plains College

By signing this plagiarism declaration I acknowledge that I have received a copy of the honesty policy and been made aware that the penalty for plagiarism is dismissal from the program.

Examples of student plagiarism

- Copying material without quotes, in-text citations, and/or referencing
- Paraphrasing content without in-text citation and/or referencing
- Copying ideas, words, answers, exams, or shared work from others when individual work is required
- Using another's paper in whole or in part
- Allowing another student to use one's work
- Claiming someone else's work is one's own
- Resubmitting one's own coursework, when original work is required (self-plagiarism)
- Falsifying references or bibliographies
- Getting help from another person without faculty knowledge or approval
- Purchasing, borrowing, or selling content with the intent of meeting an academic requirement for oneself or others

D. GRADING POLICY (Refer to SPC ADNP Nursing Student Handbook Grading System)

1. Students may review an exam by making an individual appointment with the instructor.

A student **must communicate with one of the course instructors** if they are unable to take an exam on a scheduled day. If there is no communication by exam, a “zero” will be given.

Alternate exams may be given as makeup exams.

2. A grade of 77% must be earned to pass RNSG 2213.

E. SPECIAL REQUIREMENTS

1. Skills Laboratory Component:

- a. Lab grade is incorporated into course work. See grade worksheet.
- b. Students are expected to participate in all class and lab activities.
- c. The skill laboratory component serves the following functions:

To provide the opportunity for students to practice their skills prior to clinical practice of those skills. The nursing faculty expects the nursing student to develop safety and a beginning level of proficiency with procedures by utilizing the college laboratory. This will minimize student anxieties in the clinical setting and maximize positive production outcomes for both the client and the nursing student. Professional behavior is expected in class and in lab. There is a correlation in student behavior in class and lab with clinical performance.

Required skills will be reviewed and demonstrated during class time.

F. ACCOMODATIONS

4.1.1.1 Diversity Statement:

In this class, the teacher will establish and support an environment that values and nurtures individual and group differences and encourages engagement and interaction. Understanding and respecting multiple experiences and perspectives will serve to challenge and stimulate all of us to learn about others, about the larger world and about ourselves. By promoting diversity and intellectual exchange, we will not only mirror society as it is, but also model society as it should and can be.

4.1.1.2 Disabilities Statement:

Levelland Campus

Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland Student Health & Wellness Center 806-716-2577, Reese Center (also covers ATC) Building 8: 806-716-4675, Plainview Center Main Office: 806-716-4302 or 806-296-9611, or the Health and Wellness main number at 806-716-2529.

Reese Center and the Byron Martin Advanced Technology Center (ATC)

Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Special Services Office early in the semester so that the appropriate arrangements may be made.

In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Coordinator of Special Services. For more information, call or visit the Special Services Office in rooms 809 and 811, Reese Center Building 8, 885-3048 ext. 4654.

COURSE GRADE WORKSHEET

RNSG 2213

1. Four (4) Major Tests = 55%

- a. Test #1 _____
- b. Test #2 _____
- c. Test #3 _____
- d. Test #4 _____

i. Total Points on 4 tests _____

ii. Average after 4 tests _____

x.55 = _____

2. ATI Practice Quizzes = 15%

_____	_____	_____
_____	_____	_____
_____	_____	
_____	_____	

3. Communication Process = 5%

a. Total Points _____

x.05= _____

4. ATI Test = 5%

- a. Below Level 1 = 40
- b. Level 1 = 60
- c. Level 2 = 80
- d. Level 3 = 100

x.05= _____

5. Final Exam = 20%

a. Final Exam Grade _____

x.20= _____

6. Total Grade _____

MUST HAVE TOTAL OF 77 POINTS TO PASS

Students with a B average on Major Test and evidence of no absences will be exempted from the Final Exam. Major tests will then comprise 75% of the course grade. Passing is 77 or better.

SCANS COMPETENCIES

RESOURCES: Identifies, organizes, plans and allocates resources.

- C-1 **TIME**--Selects goal--relevant activities, ranks them, allocates time, and prepares and follows schedules.
- C-2 **MONEY**--Uses or prepares budgets, makes forecasts, keeps records, and makes adjustments to meet objectives
- C-3 **MATERIALS & FACILITIES**--Acquires, stores, allocates, and uses materials or space efficiently.
- C-4 **HUMAN RESOURCES**--Assesses skills and distributes work accordingly, evaluates performances and provides feedback.

INFORMATION--Acquires and Uses Information

- C-5 Acquires and evaluates information.
- C-6 Organizes and maintains information.
- C-7 Interprets and communicates information.
- C-8 Uses computers to Process information.

INTERPERSONAL--Works With Others

- C-9 Participates as members of a team and contributes to group effort.
- C-10 Teaches others new skills.
- C-11 Serves clients/customers--works to satisfy customer's expectations.
- C-12 Exercises leadership--communicates ideas to justify position, persuades and convinces others, responsibly challenges existing procedures and policies.
- C-13 Negotiates--Works toward agreements involving exchanges of resources resolves divergent interests.
- C-14 Works with Diversity--Works well with men and women from diverse backgrounds.

SYSTEMS--Understands Complex Interrelationships

- C-15 Understands Systems--Knows how social, organizational, and technological systems work and operates effectively with them
- C-16 Monitors and Correct Performance--Distinguishes trends, predicts impacts on system operations, diagnoses systems' performance and corrects malfunctions.
- C-17 Improves or Designs Systems--Suggests modifications to existing systems and develops new or alternative systems to improve performance.

TECHNOLOGY--Works with a variety of technologies

- C-18 Selects Technology--Chooses procedures, tools, or equipment including computers and related technologies.
- C-19 Applies Technology to Task--Understands overall intent and proper procedures for setup and operation of equipment.
- C-20 Maintains and Troubleshoots Equipment--Prevents, identifies, or solves problems with equipment, including computers and other technologies.

FOUNDATION SKILLS

BASIC SKILLS--Reads, writes, performs arithmetic and mathematical operations, listens and speaks

- F-1 Reading--locates, understands, and interprets written information in prose and in documents such as manuals, graphs, and schedules.
- F-2 Writing--Communicates thoughts, ideas, information and messages in writing, and creates documents such as letters, directions, manuals, reports, graphs, and flow charts.
- F-3 Arithmetic--Performs basic computations; uses basic numerical concepts such as whole numbers, etc.
- F-4 Mathematics--Approaches practical problems by choosing appropriately from a variety of mathematical techniques.
- F-5 Listening--Receives, attends to, interprets, and responds to verbal messages and other cues.
- F-6 Speaking--Organizes ideas and communicates orally.

THINKING SKILLS--Thinks creatively, makes decisions, solves problems, visualizes, and knows how to learn and reason

- F-7 Creative Thinking--Generates new ideas.
- F-8 Decision-Making--Specifies goals and constraints, generates alternatives, considers risks, and evaluates and chooses best alternative.
- F-9 Problem Solving--Recognizes problems and devises and implements plan of action.
- F-10 Seeing Things in the Mind's Eye--Organizes and processes symbols, pictures, graphs, objects, and other information.
- F-11 Knowing How to Learn--Uses efficient learning techniques to acquire and apply new knowledge and skills.
- F-12 Reasoning--Discovers a rule or principle underlying the relationship between two or more objects and applies it when solving a problem.

PERSONAL QUALITIES--Displays responsibility, self-esteem, sociability, self-management, integrity and honesty

- F-13 Responsibility--Exerts a high level of effort and preservers towards goal attainment.
- F-14 Self-Esteem--Believes in own self-worth and maintains a positive view of self.
- F-15 Sociability--Demonstrates understanding, friendliness, adaptability, empathy, and politeness in group settings.
- F-16 Self-Management--Assesses self accurately, sets personal goals, monitors progress, and exhibits self-control.
- F-17 Integrity/Honesty--Chooses ethical courses of action.

Student Learning Outcomes—RNSG 2213

1. **Clinical Decision Making**—Students will gain knowledge and develop essential nursing skills enabling them to provide holistic care to persons suffering from mental illnesses.
2. **Communications**—Students will advance, build on, and apply principles of therapeutic communication.
3. **Leadership**—Students will acquire foundational knowledge regarding mental health nursing toward the outcome of applying this knowledge in a way that respects the client’s rights, cultural beliefs, values, family/support systems, and unique care issues.
4. **Safety**—Students will acquire knowledge and understand principles of care that reflect prioritizing safety of all persons concerned with and affected by mental illnesses both in institutional and community settings.
5. **Professionalism**—Students will understand and be able to apply standards of evidence-based care to persons suffering from a mental illness in a safe and legal manner tempering the knowledge with a sense of holistic care that includes the patient as well as their family and support systems in diverse practice settings.