# **COURSE SYLLABUS**

PTHA 2260

# **Clinical PTA-1**

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## PHYSICAL THERAPIST ASSISTANT PROGRAM

# HEALTH OCCUPATIONS DIVISION LEVELLAND CAMPUS SOUTH PLAINS COLLEGE

#### **COURSE SYLLABUS**

COURSE TITLE: CLINICAL PTA 1

COURSE CREDIT: 2

**CONTACT HOURS: 8 CLINICAL** 

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OFFICE HOURS: Monday - Friday, 8A - 4P BY APPOINTMENT

## SOUTH PLAINS COLLEGE IMPROVES EACH STUDENT'S LIFE

#### I. GENERAL COURSE INFORMATION

Prerequisites: A&P I & II (or equivalent), PTHA 1301, PTHA 1405, PTHA 1413/1513

#### COMMON STUDENT LEARNING OUTCOMES

Upon successful completion of South Plains College PTA degree, the student will be able to:

**KNOW** (**K**) - Students will actively and independently acquire, apply and adapt skills and knowledge to develop expertise and a broader understanding of the world as lifelong learners.

**COMPREHEND** (C) - Students will think analytically and creatively to explore ideas, make connections, draw conclusions, and solve problems.

**APPLY** (A) - Students will exchange ideas and information with clarity and originality in multiple contexts, act purposefully, reflectively, and respectfully in diverse and complex environment.

**EVALUATE** (E) - Students will demonstrate integrated learning from different areas and solve problems with creative thinking.

#### **COURSE DESCRIPTION:**

Clinical 1 is a health-related work-based learning experience that enables the student to apply specialized occupational theory, skills, and concepts. Direct supervision is provided by the clinical professional (PT/PTA licensed by the state).

#### **GENERAL LEARNING OBJECTIVES**

Upon successful completion of this clinical experience, under the supervision of CI/PT, the student will be able to:

- 1. Demonstrate correct/safe patient handling techniques as directed by CI.
- 2. Teach patient functional skills as directed by CI.
- 3. Adhere to regulations, and laws pertaining to physical therapy.
- 4. Recognize economic, environmental, social, and cultural needs of patients, care givers, and peers within the physical therapy clinic setting.
- 5. Explain outcome assessment related to course content.
- 6. Apply generic abilities related to course content.
- 7. Describe basic concepts related to the APTA Guide to Physical Therapist Practice.

#### SPECIFIC LEARNING OBJECTIVES

# Upon successful completion of this clinical experience, based on the established plan of care the student will be able to:

- 1. Demonstrate correct/safe patient handling techniques as directed by CI.
  - a. Demonstrate correct/safe transfers.
  - b. Demonstrate correct/safe patient positioning.
- 2. Teach patient functional skills as directed by CI.
  - a. Demonstrate correct gait training
  - b. Demonstrate correct use of wheel chair.
  - c. Demonstrate correct use of assistive device.
  - d. Educate patients/caregivers in ADLs.
  - e. Demonstrate correct use of body mechanics.
- 3. Adhere to regulations, and laws pertaining to physical therapy.
- 4. Recognize economic, environmental, social, and cultural needs of patients, care givers, and peers within the physical therapy clinic setting.
  - a. Modify interactions to meet the need of the patient.
  - b. Modify the intervention to meet the needs of the patient/caregiver.

#### SPECIFIC LEARNING OBJECTIVES, cont.

- 5. Explain outcome assessment related to course content.
  - a. Evaluate outcomes of chosen interventions based on plan of care.
  - b. Identify equipment and resources necessary for discharge.
  - c. Formulate a functional home exercise program including ADLs.
  - d. Provide input to the supervising physical therapist about outcomes.
- 6. Apply generic abilities related to course content. (Generic Abilities adapted from the Physical Therapy Program, University of Wisconsin-Madison, May et al. Journal of Physical Therapy Education, 9:1, Spring, 1995.)
  - a. Commitment to Learning Demonstrate the ability to self-assess, self-correct, and self-direct. Identify needs and sources of learning. Seek new knowledge and understanding.
  - b. Interpersonal Skills Demonstrate the ability to interact effectively with patients, families, colleagues, other health care professionals, and the community. Demonstrate the ability to effectively deal with cultural and ethnic diversity issues.
  - c. Communication Skills Demonstrate the ability to communicate effectively (i.e., speaking, body language, reading, writing, and listening) for a varied audiences and purposes.
  - d. Effective Use of Time Demonstrate the ability to obtain maximum benefit from a minimum investment of time and resources.
  - e. Use of Constructive Feedback Demonstrate the ability to identify sources and seek out feedback and to effectively use and provide feedback for improving personal interaction.
  - f. Problem-Solving Demonstrate the ability to recognize and define problems, analyze data, develop and implement solutions, and evaluate outcomes.
  - g. *Professionalism* Demonstrate the ability to exhibit appropriate professional conduct and to represent the profession effectively.
  - *h.* Responsibility Demonstrate the ability to fulfill commitments and to be accountable for actions and outcomes.
  - i. Critical Thinking Demonstrate the ability to question logically; to recognize and differentiate facts, illusions, assumptions, and hidden assumptions; and to distinguish the relevant from the irrelevant.
  - *j.* Stress Management Demonstrate the ability to identify sources of stress and to develop effective coping behaviors.
- 7. Describe basic concepts related to the APTA Guide to Physical Therapist Practice.
  - a. Integrate basic concepts presented in the APTA *Guide to Physical Therapist Practice* related to course content.
  - b. Identify the parameters of the scope of practice of the PTA related to course content.

#### **Assessment Techniques**

Physical Therapist Assistant Clinical Performance Instrument (PTA CPI) Final Interview

#### **COURSE GRADING**

Students will successfully complete clinical course PTHA 2260 with a grade of 75% or higher. Students who fall below passing requirements will not be allowed to continue in the PTA program.

A= 90-100% B = 80-89% C = 75-79%

Grade will be calculated based on attendance, assignments, and skills achieved throughout the clinical experience. The PTA CPI will be used to record student performance of the clinical experience.

Assignments	15%
Final PTA CPI Assessment	60%
Final Clinic Visit	25%
TOTAL	100%

#### **ACADEMIC INTEGRITY:**

It is the aim of the faculty of South Plains College to foster a spirit of complete honesty and a high standard of integrity. The attempt of any student to present as his or her own work which he or she has not honestly performed is regarded by the faculty and administration as a most serious offense and renders the offender liable to serious consequences, possibly suspension.

#### ACCOMMODATION STATEMENT

Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland Student Health & Wellness Center 806-716-2577, Reese Center (also covers ATC) Building 8: 806-716-4675, Plainview Center Main Office: 806-716-4302 or 806-296-9611, or the Health and Wellness main number at 806-716-2529.

#### **DIVERSITY STATEMENT**

In this class, the teacher will establish and support an environment that values and nurtures individual and group differences and encourages engagement and interaction. Understanding and respecting multiple experiences and perspectives will serve to challenge and stimulate all of us to learn about others, about the larger world and about ourselves. By promoting diversity and intellectual exchange, we will not only mirror society as it is, but also model society as it should and can be.

#### NON-CONFIDENTIALITY STATEMENT

As a faculty member, I am deeply invested in the well-being of each student I teach. I am here to assist you with your work in this course. If you come to me with other non-course-related concerns, I will do my best to help.

It is important for you to know that all faculty members are mandated reporters of any incidents of sexual misconduct. That means that I cannot keep information about sexual misconduct confidential if you share that information with me. Dr. Lynne Cleavinger, the Director of Health & Wellness, can advise you confidentially as can any counselor in the Health & Wellness Center. They can also help you access other resources on campus and in the local community. You can reach Dr. Cleavinger at 716-2563 or <a href="mailto:lcleavinger@southplainscollege.edu">lcleavinger@southplainscollege.edu</a> or go by the Health and Wellness Center. You can schedule an appointment with a counselor by calling 716-2529.

#### NON-DISCRIMINATION AND ANTI-HARASSMENT STATEMENT

The South Plains College Physical Therapist Assistant Program is committed to a learning environment in which all individuals are treated with respect and dignity. Each individual has the right to learn in an atmosphere that prohibits discriminatory practices, including harassment. Therefore, the Program expects that all relationships among persons on campus and in the clinical environment will be business-like and free of bias, prejudice and harassment.

It is the expectation of the Program that Program faculty, clinical faculty, and students will conduct themselves without discrimination or harassment on the basis of race, color, national origin, religion, sex (with or without sexual conduct), age, disability, alienage or citizenship status, marital status, creed, genetic predisposition or carrier status, sexual orientation or any other characteristic protected by law. The Program prohibits and will not tolerate any such discrimination or harassment.

#### SPECIFIC COURSE/INSTRUCTOR REQUIREMENTS

#### 1. Handbook:

Students are required to read the SPC Student Guide and the PTA Program Student Handbook and provide a signed Acknowledgement form for permanent student file.

#### 2. Dress Code:

Students are expected to follow the dress code as stated in the PTA Student Handbook. Student must abide by clinic's dress code.

#### 3. Due Date:

A Course Assignment Calendar with due dates and description of assignments can be found on your Blackboard. For each day an assignment is late 10 percentage points will be deducted; after the 3<sup>rd</sup> day late the assignment will receive a failing grade.

#### 4. Behavior:

Students are enrolled in a professional program and are expected to demonstrate professional behaviors such as respect, preparation for class, and dedication to learning.

Cellphone use in clinic will not be tolerated. If the student is found to be texting during working hours of clinic the student will be asked to relinquish phone during business hours of the clinic and the ACCE will be informed. If a second incidence occurs, the student will be asked to leave the clinic and 1 absence will be recorded. The third incidence will result in discontinuation of clinical experience.

#### 5. Required Materials:

Students must have internet access and an internet browser and MS Office, which may or may not be available at the clinic. If you do not have a computer with a modem at home, you can access South Plains College's Computer Lab.

#### II. ATTENDANCE

#### A. ABSENCES

Attendance is mandatory and there are no excused absences as found in the student handbook. All absences must be made up if CI and/or ACCE determines that the absence(s) result in missed necessary experience in clinic.

\*Students MUST call in absences to the ACCE at (806)716-2518 AND the student's primary Clinical Instructor.

#### ATTENDANCE, cont.

#### B. TARDIES

ACCE will be notified after second tardy. A third tardy will result in arrangement of a make-up day - a fourth tardy will result in discontinuation of clinical experience.

Refer to the student handbook for additional explanation of attendance policies.

#### III.PROFESSIONAL CONDUCT

Students are expected to follow the ethics and rules of professional conduct as outlined in the student handbook. Unprofessional conduct on the part of a student as outlined in the student handbook results in dismissal from the PTA program.

#### CAMPUS CONCEALED CARRY STATEMENT

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in South Plains College buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun, a qualified law enforcement officer or those who are otherwise authorized. Pursuant to Penal Code (PC) 46.035 and South Plains College policy, license holders may not carry a concealed handgun in restricted locations. For a list of locations, please refer to the SPC Campus Carry page at <a href="http://www.southplainscollege.edu/campuscarry.php">http://www.southplainscollege.edu/campuscarry.php</a>.

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all South Plains College campuses. Report violations to the College Police Department at 806-716-2396 or 9-1-1.

The following Penal Codes pertain to all hospital owned property such as clinics, physician's offices, ambulances, and ambulance stations:

Texas Penal Code - PENAL § 30.06. Trespass by License Holder with a Concealed Handgun states that an individual cannot carry a handgun (concealed or open carry) on the premises of a hospital licensed under Chapter 241, Health and Safety Code, or on the premises of a nursing facility licensed under Chapter 242, Health and Safety Codes, unless the license holder has written authorization of the hospital or nursing facility administration.

Texas Penal Code - PENAL § 30.07. Trespass by License Holder with an Openly Carried Handgun states that an individual cannot carry a concealed handgun on the premises of a hospital licensed under Chapter 241, Health and Safety Codes, or on the premises of a nursing facility licensed under Chapter 242, Health and Safety Codes, unless the license holder has written authorization of the hospital or nursing facility administration.

PTHA 2260 Syllabus

You may <u>not</u> apply what you are learning to the general public unless under the supervision of CI. You are a student PTA and are learning physical therapy techniques. If you are presently working in a clinic, you <u>cannot</u> practice these skills on patients. Once you have passed the class, you <u>still cannot</u> practice the acquired skills in a clinic. You will only be permitted to apply these skills to the general public under a clinical instructor's supervision during your clinical experiences.